KIDS OF ALL AGES

GRASS-FED BEEF HOT DOG \$6.00

Served on Portland French sourdough with pickles

GRILLED CHEESE \$5.50

Cheddar cheese served on Portland French sourdough with pickles

CHICKEN NUGGETS \$5.50 GF

Free-range and gluten free breaded chicken pieces

JUNIOR PRIMAL \$6.00

Junior sized burger patty with cheddar and pickles on a Portland French bun

> sub GF bun + \$2.00

SIDES YOUR CHOICE \$4.50 EACH

HOUSE-MADE SAUERKRAUT GF, VG

STEAMED BROCCOLI GF, VG

> + butter .50

BRAISED COLLARD GREENS AND KALE GF, VG

ROASTED BEETS WITH SUNFLOWER SEEDS GF, VG

SMALL MIXED GREEN SALAD GF, VG

SMALL CAESAR SALAD GF

BRUSSELS SPROUTS GF, VG

Topped with Balsamic drizzle

> + goat cheese (it's delicious!) \$2.00

GRASS-FED BEEF CHILI cup \$4.50 bowl \$8.00 GF

100% grass-fed beef traditional chili with red beans & just a little 🕹 !

- > + cheddar \$1.00
- > + raw or grilled onion \$1.00

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain other medical conditions.

BEVERAGES

FRESH-MADE LEMONADE \$3.00

Tart & fresh.

> + marionberry or strawberry \$1.00

SODAS \$2.00

Cola, Root Beer, Lemon-Lime, Ginger Ale, Diet Cola SWEETENED WITH REAL CANE SUGAR, NO CORN SYRUP

APPLE JUICE \$2.00

HOUSE-BREWED ICED TEA \$2.00

HOT TEAS \$2.00

Assorted local teas

LOCALLY BREWED KOMBUCHA ON TAP \$5.00

> + CBD .50

Check the board for Beer, Wine, or Cocktail List

HAND-DIPPED MILKSHAKES

REGULAR - TILLAMOOK ICE CREAM \$6.00

VEGAN - "ICE CREAM" \$7.50

> + Whipped Cream .50 (vegan or regular)

FLAVORS:

Chocolate

Vanilla

Strawberry

Mocha

Marionberry

Salted Caramel (contains dairy)

DESSERTS - GLUTEN FREE

PALEO PARFAIT \$6.00 VG, GF

Maple cashew "creme" sprinkled with cocoa almond crumbles & topped with berry compote

DEATH BY CHOCOLATE BROWNIE \$6.00 GF

> make ità la mode -\$2.00

CHOCOLATE CHIP COOKIE \$2.50 GF

> make ità la mode -\$2.00

KETO CHEESECAKE \$6.00 GF

Traditional N.Y. Style without all the carbs. (Only 8!)

> + marionberry or strawberry puree .50



WOODSTOCK

4905 S.E. WOODSTOCK BLVD PORTLAND, OR. 97206 971-229-0786

DICKSPRIMALBURGER.COM

ONLINE ORDER FOR PICK-UP: DICKSPRIMALBURGER.BRINKPOS.NET



100% GRASS-FED BEEF

BETTER FOR YOU, BETTER FOR THE PLANET!

WE SERVE 100% GRASS-FED and finished beef

Dick's Primal Burger is one of the very few restaurants serving 100% grass-fed, humanely raised & pastured beef. Our ranchers are at the forefront of healthy & sustainable beef production. You can actually taste the difference their stewardship creates in the sublime flavors of our beef.

BY OB (BUILD YOUR OWN BURGER)

All our burgers come with house-made garlic aioli. Lettuce, tomato, onion & pickles on the side.



*100% Local Grass-Fed Beef & Free-Range Turkey & GF Crispy Chicken
Soy Free Tempeh & Wild Caught Salmon Patty & Pulled Pork
"Beyond Meat" Burger & Venison



Swiss & Pepper Jack & Cheddar & Bleu
Goat & Parmesan & Vegan



Portland French Pub Bun (VG) **№** Lettuce Wrap (VG)



Grilled Onions & Mushrooms & Sauerkraut

GF Crispy Onions & Pickled Red Onions & Pickled Hot Peppers

- + 2.00 **---**

Avocado 🎍 Bacon 🖫 *Local Free-Range Egg 🖫 Chili

FRIES

FRIED RUSSET POTATOES \$3.50/\$6.50 GF. VG

Local potatoes, hand cut & fried in rice bran oil > Add bacon & cheddar +3.00

SWEET POTATO FRIES \$4.50/\$7.50 GF, VG

Hand-cut & fried in rice bran oil
> Add bacon & cheddar +3.00

PORTLAND POUTINE \$10.00 GF

Large russet fries topped with cheese curds & our gravy
> Add pulled pork +\$5.00

HOUSE-MADE DIPPING SAUCES

One free with small, two free with large, extra .25 ea

Chipotle Aioli • House-Made Ranch • Garlic Aioli

VG: BBQ • Vegan Garlic Aioli

SIGNATURE #BURGERS

All our grass-fed burgers are cooked medium. Served on a Portland French sourdough bun w/house-made garlic aioli. Lettuce, tomato, onion & pickles on the side.

Sub lettuce wrap for no charge sub Gluten Free bun or GF. Keto Bun (VG) (3 carbs) +2.00

UMAMI \$13.00

Grilled onions, balsamic reduction, & bleu cheese on a *grass-fed beef patty

MI CHILE PICANTE \$13.00

*Grass-fed beef patty with pickled hot peppers and pepper jack cheese

BROKEBACK \$14.00

Bacon, all-natural cheddar & house-made BBQ sauce on a *grass-fed beef patty. Our tribute to the American cowboy!

REUBENESQUE \$13.00

*Grass-fed beef patty with kraut, Swiss cheese & thousand island dressing. It's a Reuben, kinda.

THE DERBY \$14.25

Free-range turkey patty with avocado, bacon, & ranch dressing

HUNT AND GATHER \$14.00

*Venison patty topped with grilled mushrooms and goat cheese

- Ask about the Chef's Special -

#NOTABURGER

MONDO BURGER \$14.00 VG

"Beyond Meat" patty with grilled onions and vegan cheese

PATTY MELT \$13.00

*Grass-fed beef patty with Swiss cheese, grilled onion and garlic aioli on locally-baked Rye toast served with pickles

CRISPY CHICKEN SANDWICH \$10.50

Free-range chicken thigh with GF crispy breading topped with pickled red onions, house-made ranch

SMOKEY PULLED PORK SANDWICH \$10.50

Smoked pulled pork, house-made BBQ sauce, pickled red onions, pickles and garlic aioli

BLAT (BACON, LETTUCE, AVOCADO, TOMATO) \$9.00

Any questions? (seriously, it comes with garlic aioli on sourdough.)

TEMPEH BBQ \$12.00 VG

Soy free tempeh topped with house-made BBQ and vegan cheese







COBB SALAD \$11.00 GF

Bacon, avocado, mixed greens, tomato, egg, bleu cheese & ranch

HAIL KALE! \$13.00 GF

Grass fed beef patty on kale with vegan Caesar dressing, parmesan & sunflower seeds

CAESAR TURKEY BOWL \$13.00 GF

Free range turkey on romaine with Parmesan, sunflower seeds & vegan Caesar dressing

DEER HUNTER \$13.00 GF

Venison, brussels sprouts, goat cheese, pickled red onions & balsamic reduction

PACK YOUR OWN BOWL

CHOOSE UP TO TWO VEGGIES

Mixed Baby Greens & Romaine & Kale

Steamed Broccoli & Braised Collards & Kale Roasted Beets & Brussels Sprouts

ADD 3RD VEGGIE +2.00

*PICK YOUR PROTEIN

---- + \$2.50 **----**

Bacon Free-Range Hard Boiled or Fried Egg

100% Local Grass-Fed Beef & Grilled Chicken
GF Crispy Chicken & Soy- Free Tempeh & Pulled Pork
Wild Caught Salmon Patty & "Beyond Meat" Burger
Venison Patty & Free-Range Turkey

CHOOSE YOUR CHEESE

+ \$2.00 ----

Swiss & Pepper Jack & Cheddar & Bleu
Goat & Parmesan & Vegan

TOPPERS

3 FREE, .50 EA ADDITIONAL

Tomatoes & Carrots & Hazelnuts
Red Onion & GF Crispy Onions & Sunflower Seeds
Pickled Hot Peppers & Pickled Red Onions & Sauerkraut

DRESSING (GF)



Caesar (VG) Balsamic Vinaigrette (VG) Thousand Island Apple Cider Vinaigrette (VG) House-made Ranch